

Scoil An Chuilcannaigh
Beaufort, Killamey, Co. Kerry
Telephone: 064 6644788
Email: cullinaschool@yahoo.com
Web: www.cullinaschool.ie

Newsletter 13th January 2016



A Thuismitheoirí
Ath Bhliain Nua faoi mhaise do chách ó fhoireann na scoile uilig

School Closures:

School will be closed for **mid-term break February 18th & 19th**.
School closed on **March 16th to April 1st (inclusive)** Easter holidays.

Confirmation :

6th Class will celebrate **Confirmation on Tuesday 16th February in St. Mary's Church, Beaufort at 11:00 a.m.**
The pupils are currently undertaking a project for their Confirmation and this will include their chosen Saint.
The school will remain open as normal for the rest of the children and staff on Confirmation Day.

First Communion First Confession:

First Confession to be arranged at a future date.
Reminder – Next 'Do This Memory' Mass is Jan 16th at 7:30 p.m. mass in St. Mary's Church Beaufort.

Friends For Life + Zipp Friends

Ms Lorraine Counihan and Mrs Jemma Doyle are currently undertaking the 'Friends For Life' Programme with 6th class. This Australian programme comes highly recommended and has many benefits. It assists youth in developing life skills to effectively cope with difficult and / or anxiety – provoking situations and builds emotional resilience and problem – solving abilities.

Mrs Michelle McLaughlin is implementing the 'Zippy's Friends' Programme with 1st Class also. This program teaches young children how to develop skills to cope with problems that may occur in adolescence and adulthood.



Enrolment

Anybody intending to enroll children for school year 2016 / 2017 please do so now. Also if you know of any new families starting school this September please let them know as we are currently taking enrolments. Enrolment forms are available in the office at Cullina National School.

There will be an induction afternoon for parents and children in June – date to be confirmed.

The Parents Association

The Parents Association wish to thank all those people who contributed to their Carol Singing over Christmas. They would also like to thank— Joann Devine, Gillian Hughes, Paul Farrell and Brian Coffey for helping out with the music. I would like to re-iterate this sentiment. I'm sure you will agree that the fruit party, provided by the Parents Association, on the day of the Christmas Holidays, was a pleasant change before the onslaught of sweets and chocolates over the Christmas period.

Parents' Association Committee

Chairperson – Ms Miriam Mangan

Secretary – Ms Fiona O'Leary

Treasurer – Ms Margaret Crowley



Credit Union Quiz :

Four teams will represent Cullina National School in the Credit Union Quiz which takes place on Sunday **31st January 2016 at 1:00 p.m.** in the I.N.E.C. Centre, Gleneagle Hotel, Muckcross Road, Killarney.

Senior Team A:

Ruairí Dorrian
Adam Neary
Michael Moriarty
Molly Wakeman

Team B:

Róisín Farrell
Caolán Ireland
Adele O'Brien
Robert Sweeney

Subs:

Lauren Foley
Benjamin Schreiber
Oran Smith

Beir Bua a Pháistí

Junior Team A:

Donnacha Coffey
Jeremiah Landers
Emily Coleman
Ruby Tuohy

Team B:

Marina Eagar
Eimear Coffey
Pierce Slattery
Liam Devine

Subs:

Joshua Coffey
Killian Caulfield Dreier

Mr Vincent Moriarty, Retired Teacher and Quiz enthusiast, will act as coach to the teams going forward.
Táimid thar a bheith buíoch do Vincent as a chabhair ar fad
(We are very grateful to Vincent for all his help.)



Operation Action Child

Once again we are organising Operation Action Child – We propose to organise a programme of events to encourage more activity in the daily lives of our children.

Some of our Proposals are as follows –

Action Week Monday 25th January – Friday 29th January

Starting on Monday 25th January This will be led by the teachers.

- One 5 mins exercise routine in the classroom before classes begin each morning
- One 5 mins exercise routine last thing in the evening before going home
- Lunch break will begin at 12:40 p.m. with a 5 mins exercise routine (Warm up, run, jog + cool down)



Sponsored Walk

Action Week will culminate in a Walk / Run on Thursday 21st January. We propose to organise a fun walk, jog or (for the more ambitious) run for all the children in the school. This will incorporate a circuit which will include the Green Road, Beaufort Village and School Grounds. The distance and level of participation will vary in accordance with class level. More details to follow closer to the event.

‘Aigne slán i gcorp folláin’ (Healthy Body Healthy Mind)

Maybe at home (evenings / weekends) you could help your children to prepare for January 30th by introducing some exercise / activities into your leisure time.

We hope to co-incide this event with a fundraiser for the school.

Sponsorship Cards will be available to the children shortly

Healthy Eating

Cullina National School is a Health Promoting School and we like to promote healthy lunches in our school. Your cooperation with this initiative is greatly appreciated.

The Active School Flag

The Active School Flag is awarded to a school that strives to achieve school community! Cullina National School has participated in the Active Flag process and has worked hard to make the school a more physically active place. In the next few weeks the school will receive an accreditation visit before the flag will be awarded.



Road Safety:

Speaker from R.S.A. will be talking to all pupils tomorrow Thursday 14th January about learning good road safety habits. We urge parents to also talk to their children about road safety to and from school, e.g. walking to school, wearing hi-vis vests and wearing seat belts when travelling by car.



Comhaltas

I'm sure that if you attended our Christmas Mass here in the school on December 22nd, you will agree that we owe a huge debt of gratitude to the Comhaltas Teachers. They work so hard to promote a love of music in our school from Senior Infants Class – 6th Class.

Music has become a huge and integral part of our school curriculum to be enjoyed by everyone. Every child is afforded an opportunity to benefit from these classes throughout the school.

Thank you for your recent contribution to this activity. The school will supplement any shortfall incurred in paying for these classes up to the Easter Break.

Spare Clothes

As you can imagine we have several occasions where children have to change part of their school uniform after slipping in the yard during break times. We would very much appreciate if you have any spare/used parts (especially age 7-12 yrs) in good condition to hand them in to the school. These pants do not need to be school uniform pants. Should your child be given a change of clothes please return them to the school the next day – washed if possible.



Entrepreneur Project :

The J.E.P. (Junior Entrepreneur Project) is well underway at this stage. The pupils in 5th/6th class have decided on a horse-shoe keyring holder as their project for the J.E.P. They are presently working diligently in their Design and Production Team, Sales Team, Finance Team, Marketing Team and Story Telling Team. Their keyring holder will be available for purchasing in February.

Clothes Collection Spring Clean

Unwanted clothes, etc. Collection at the school on Friday 11th March.

Clothes may be handed into the school at any time during school hours.

'Walking the Munster Blackwater'

Congratulations to Mr Jim O'Malley on his recent Publication 'Walking the Munster Blackwater' Jim is a good friend of the school and we wish him well with his book.

Green Schools

Global Citizenship and Energy is the theme for our Green School's project this year. Pupils are busy promoting Energy Saving Tips in our School. (Energy leaflet enclosed with newsletter)



School Activities

The following activities will form part of our school programme over the next few weeks. Football, Hurling, Swimming, Dance, Basketball, Gymnastics and Operation Action Child.

Swimming :

Swimming for 2nd class (Ms O'Shea), commenced last Friday January 8th and continues on 15th, 22nd and 29th. Swimming lessons will begin for 4th Class (Mrs Stack) on February 5th.

Dancing :

Irish Dancing Tuesday Jan 12, 19, 26 & Feb 2

Zumba Friday Feb 12, 26, Mar 4th

Folk Dance/Drum Percussion Workshop Fri 11th March

Action Week Plan (Monday 18th Jan—Friday 22nd Jan)



Monday	Tuesday	Wednesday	Thursday	Friday
Morning & Evening 5 mins exercise routine	Morning & Evening 5 mins exercise routine	Morning & Evening 5 mins exercise routine	Morning & Evening 5 mins exercise routine	Morning & Evening 5 mins exercise routine
Football Coaching 5th & 6th	Dance with all classes	Gymnastics with Jenny All classes	Operation Action Child Sponsored Walk	Hurling in school all classes
Basketball Coaching with legend Jordan Delanova U.S.A. all classes Cost covered by school	Basketball with Brian Clarke after school 3rd 4th 5th 6th	Stage School Fiona Crowley		
	Set Dancing with the Doyle sisters	Soccer Community Games after School		



*Máire Bn Uí Chronín
Príomhoide*



