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22<sup>nd</sup> October 2019



Children may come to school dressed for Halloween on Friday 25<sup>th</sup> October. School will close for HALLOWEEN BREAK <u>Friday 25<sup>th</sup> at 3pm</u>. School will re-open on <u>Monday 4<sup>th</sup> November</u> 2019.

School will be <u>closed Wednesday</u> 6<sup>th</sup> November 2019 to facilitate an inservice day for the Primary Language Curriculum.

Sacrament of Reconciliation, First Holy Communion and Confirmation

Preparations are ongoing for the classes making their First Holy Communion and Confirmation this year. I would like to thank Mr. Des Bailey for facilitating meetings in our school.

First Holy Communion Saturday 23<sup>rd</sup> May 2020 @ 11am.

Confirmation Tuesday 18th February 2020 in the morning (Time to be confirmed).

### Photographs

County Photos will visit our school on **Monday 11<sup>th</sup> November** 2019. Class, family and individual photographs will be taken on the day. Photographs will be sent home with your child. If you wish to purchase any photographs please return your order form and money. There is no obligation to purchase so feel free to decide after viewing the proof. If you do not give permission for your child's photograph to be taken please inform the school in writing before 8<sup>th</sup> November.

Please wear your full school uniform and bring your best smile. ③

Parent/Teacher Meetings will take place on Monday 18<sup>th</sup> (2:45pm-5:15pm) and Wednesday 20<sup>th</sup> (3:10pm-4:20pm) November 2019.

School will finish at 2:30pm on Monday 18<sup>th</sup>. <u>Please make arrangements to</u> <u>have your child collected at 2:30pm</u>. Pupils are not allowed on the school premises for P/T Meetings as there will be no supervision. A text was sent to you to book your preferred time online. **Parents of 5<sup>th</sup> Class pupils should make appointments with Mrs. Stack only. Please inform the teacher if you are unable to attend.** 

Our School Christmas Mass will be held in the School Hall on Tuesday 17<sup>th</sup> December @ 10am. All home baking is welcome on the day.

School will close for Christmas holidays on Friday 20<sup>th</sup> December @ 12 noon and re-open on Tuesday 7<sup>th</sup> January 2020.



# **Christmas Concert**

Each class will perform their own concert this Christmas. We are very grateful to Ms. Anne Gabbett and her team who will be in school for face painting the morning of all shows. If you do not wish your child's face to be painted please send in a note before December 9<sup>th</sup>. There is no entry fee into concerts but there will be a donation box at the door. Your support is greatly appreciated.

Please take note of the following show times for your diary:

Tuesday	10 <sup>th</sup>	December
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Time	Class	Teacher
10:00 a.m.	Junior Infants	Ms. Counihan
11:30 a.m.	4 <sup>th</sup> & 5 <sup>th</sup> Class	Mr. O'Mahony
1:30 p.m.	2 <sup>nd</sup> Class & 3 <sup>rd</sup> Class	Mrs. Hayes

weanesday 11 December		
Time	Class	Teacher
10:00 a.m.	Senior Infants	Mrs. McLaughlin
11:30 a.m.	6 <sup>th</sup> Class	Ms. Mulvihill
1:30 p.m.	1 <sup>st</sup> Class	Ms. McGuire

Wadnasday 11th December

#### Autumn Mini Tours / Local Educational Tours

The school year got off to a very busy start with classes heading into the outdoors of our local environment.

- 6<sup>th</sup> Class had an enjoyable day walking in the Gap of Dunloe.
- 5<sup>th</sup> Class climbed Strickeen Mountain.
- Younger Classes explored our local school environment with a variety of nature walks.

Don't forget to go to our website <u>www.cullinaschool.ie</u> where our activities are captured with an array of photographs from all our recent escapades.



HealthPromotingSchools Scoileanna Cothaithe Sláinte

#### Health Promoting School

Please encourage your children to bring a healthy lunch to school. Taytos are not allowed and we would appreciate little or no sugary foods.

We would also appreciate if you would encourage your child to dispose of rubbish sensibly. What comes to school in the lunch box should be eaten or brought home again.

Thank you to all pupils who entered the Astellas Art Competition. The theme this year is '*Health is better than wealth. Is fearr an tslainte ná an tainte.*'

#### **Teaching Practice**

We would like to welcome Ms. Niamh Keating and Ms. Aoileann Fitzgerald on teaching practice. We hope they enjoy their time here in Cullina and wish them both the best of luck for the future.

<u>Green Schools</u> We are now working on our second year of our new Green Flag. It's called Global Citizenship and Travel. Our Green School Committee has been elected so we are looking forward to an exciting year working on this theme. Thanks to everybody who participated in our WOW (Walk on Wednesday) day. Watch out.... There's lots more to follow!!

## **Board of Management**

My sincere thanks to everyone who served on our Board of Management over the last four years. A special word of thanks to our outgoing Parents Representatives Mrs. Josephine O'Sullivan and Mr. Colm Burke. Our new Board will commence on December 1<sup>st</sup> 2019.

#### School Activities Within School Hours

- 1. Football Coaching
- 2. Basketball
- 3. Dancing
- 4. Swimming
- 5. Comhaltas Music Lessons

Not all classes will be doing all of these activities. These classes will take place within the Department Time Allocation Guidelines for P.E. and Music.

## Music - Comhaltas Ceoltóirí Éireann in the Classroom

All children participate in Comhaltas Classes from Junior Infants –  $6^{th}$  Class. Children are encouraged to branch out using different instruments in the Middle and Senior Classes. If your child plays an instrument other than tin whistle please bring it along on Wednesdays if possible and Brendan will facilitate you by providing you with the chords/keys to all his tunes. Thank you for the positive response in contributing towards these classes. It was greatly appreciated.

# School Activities Outside of School Hours

A number of activities are carried out outside of school hours:

1. Art Classes

- 2. Piano Lessons
- 3. Football
- 4. Amy's PE

# S.S.E. (School Self Evaluation)

In the interest of Safety please park at the front of the school when collecting children from all activities.

As a requirement by the Department of Education you may remember that we undertook a S.S.E. Plans for Gaeilge, English and Maths. These plans will continue to be built on for 2019/2020.

#### Friendship/Anti-Bullying week

This year Friendship Week is from

25<sup>th</sup> to 29<sup>th</sup> November.



#### **Invitations**

We regret that birthday invitations cannot be distributed in school.

#### Killarney Credit Union

Killarney Credit Union is running the School Savings Scheme in our school every **Tuesday**.

# Junior & Senior Infants are currently engaging with the Aistear Programme. Work has also commenced on the **Ready Set Go Maths Programme**.

#### Kerry Film Festival to host Premier of Kilimanjaro Mama Documentary

Our 5<sup>th</sup> & 6<sup>th</sup> Class pupils will travel to Siamsa Tíre on November 21<sup>st</sup> to see the story of Louise Quill who created the Tír na nÓg orphanage in Tanzania.

## Appointments & Absences

If for some reason you wish to speak to a teacher please make an appointment in advance of your visit as we cannot have classes interrupted without prior notification. For attendance record purposes if your child is **absent**, **late or leaving early** it is very important that you send a **note** to the class teacher clearly stating your **child's full name**, **class and reason**. Please **date** and **sign** all notes.

**Head Lice This Friday 25<sup>th</sup> October please comb** through your child's hair with a fine comb and treat if necessary. Treatment often needs to be **repeated** several times as one treatment is not always successful. All families are strongly advised to follow the HSE guidelines attached or all. Please check your child's hair <u>frequently throughout</u> <u>the year</u>.

School Uniforms Please try to ensure that children have proper school uniforms and that each

**item of clothing is clearly labelled.** A lot of jumpers have been found in the vicinity of the school. Unfortunately, if you haven't labelled these jumpers clearly it is very difficult to locate owners for them. We do our best at school to find owners for these items but children forget what type of jumper etc. they brought with them to school. Jumpers are taken in error also by young children. **Please label each item of clothing clearly for the safe return of your child's uniform.** 

**Collection of Children** In the interest of safety please collect your child promptly at 2pm/3pm. Supervision is not provided after this time.

# Football



Best wishes to our school football team who will play in the County Semi-Final this Thursday 24<sup>th</sup>. We are very proud of your endeavours to date.

# Séisiún Ceoil

Please bring in your instruments and singing voices this Friday 25<sup>th</sup> October for a whole school music session.



# **Our Pumpkins go on Parade in Killarney Town Centre**

There are Pumpkins of all shapes and sizes adorning our school at the moment. We have acquired a large window in the centre of town **"The Underground Café"** to display as many of our pumpkins as possible. This window is across the street from Sewell's Pharmacy. Please have Pumpkins in school for Wednesday 23<sup>rd</sup>.



# Leona Twiss Príomhoide

**Head lice** are grey or brown insects that live close to the scalp on human heads. They are 1mm to 3mm long.

The insects lay eggs. Each egg is glued to a hair, often near the root. Nits are empty eggs left behind when lice hatch. They can be white, yellow or brown.

The main symptom is itching, but only about 1 in 3 children with head lice have an itch.

You'll need to treat your child if they have head lice. There's no need to keep them home from school.

# Check for head lice

The best way to find head lice is to check your child's hair **<u>every week</u>**. Comb through their hair with a 'detection comb' - you can buy this from a pharmacy.

- 1. Wash the hair with ordinary shampoo.
- 2. Apply lots of conditioner and comb it through with an ordinary comb. This makes lice wet, which keeps them still.
- 3. Put the teeth of the detection comb into the hair at the roots and comb down to the ends.
- 4. Work through the hair, section by section, checking the comb each time.
- 5. Rinse off the conditioner.
- 6. Repeat combing while the hair is still wet.

# **Treatment for head lice**

The best way to treat head lice is with a medicated lotion. You can buy these at a pharmacy. Your pharmacist can advise you on which one to buy.

If you find lice, check everyone in the family and let people who have been in close contact know, so they can check as well. You only need to treat people who have lice.

# Using the lotion

There will be instructions in the box on how to use the treatment. Talk to your GP, midwife or obstetrician first if you or someone in your family is pregnant.

Treat everyone with lice at the same time so that untreated people don't reinfect the treated ones.

**Repeat** the treatment a week later, even if the instructions recommend only 1 application. This is important as there is no treatment guaranteed to kill unhatched eggs. Unhatched eggs will hatch over 7 to 10 days.

# After treatment

# Check the hair again 2 days after the treatment, to make sure it has worked.

If you find nits, but don't find lice, don't treat again. Nits may be left behind on the hairs but this does not mean the treatment has failed. Only treat if you find living, moving lice.

If you find lice after the treatment, there could be 2 reasons:

- your child has been re-infected with lice
- the treatment wasn't carried out correctly

Check the whole family again and treat all those with lice. If you still find lice, ask a GP or pharmacist for advice.

Your child might still scratch after the treatment. This doesn't mean they have lice, but check your child's head to be sure. Do not treat again unless you find live lice. Overusing the treatment can make the scalp flaky and itchy.

## You cannot prevent head lice

Anyone with hair can get head lice. They aren't fussy about clean or dirty hair. Children tend to get them more than adults.

Lice can spread when heads are touching for a minute or more. The lice climb through the hair from one head to another. They don't jump, fly or swim. Lice can also spread through sharing:

- combs
- brushes
- caps
- other clothing

Lice that fall from the head are usually dying and harmless. However, lice caught on combs can re-establish if they are combed back on within 48 hours.

To reduce the risk of head lice spreading avoid head-to-head contact, use a repellent and tie back long hair.